

# ANOSMIA NEWS from MONELL



June 2021

Welcome to the latest issue of Anosmia News from Monell

## Has Losing Your Sense of Smell Impacted What You Eat?

We are looking for eight people who lost their sense of smell less than a year ago and another eight people who have not had a sense of smell for more than three years.

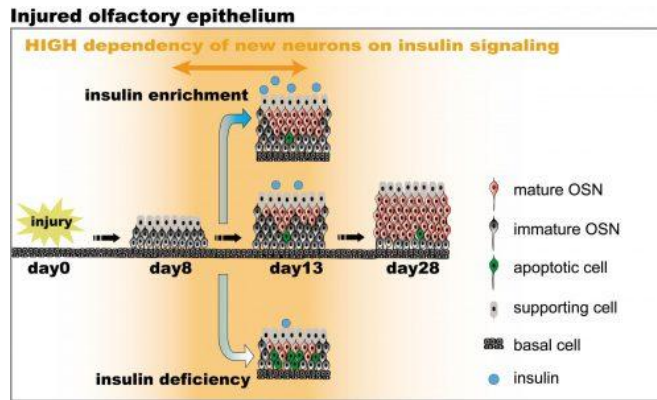
Each of the two groups will join a remote one-hour focus group meeting to help us better understand how losing your sense of smell has impacted your food preferences. It does not matter how you lost your sense of smell; however, congenital anosmics will not be included in this study.

If you are interested in joining the focus groups, please contact [shunter@monell.org](mailto:shunter@monell.org) and include how long it has been since you lost your sense of smell. We will reply to all inquiries with further details until we have filled the eight seats in each focus group.



## New Role for Insulin?

Researchers have known for some time that insulin plays a vital role in the regeneration of neurons that relay sensory information from our eyes to our brains. But for other sensory information, like smell, does insulin play a similar role? Yes!



Monell scientists have shown that insulin is critical for the maturation, after injury, of olfactory sensory neurons in a mouse model. Postdoctoral fellow [Akihito Kuboki](#) from [Johannes Reiser](#)'s laboratory said the team hopes that an insulin spray could potentially be used to treat smell loss resulting from various reasons, including head trauma and viral infections. [Read here](#) for more.

## Putting Smell on the Map



Last weekend, Monellians attended the world renowned [Philadelphia Flower Show](#) to educate a wide audience about the sense of smell. This effort is part of our ongoing mission to raise awareness about smell and the health and wellness ramifications of not having a sense of smell.

## #SavetheDate

September 14, 2021 is officially designated as the first global Smell & Taste Day! Watch this space for more details and ways you can get involved.



## Smell Yeah!



Check out the [newest smell-related podcast](#) on the social media block from former restaurant cook and cooking teacher, Irene Plax. Monellian Pam Dalton is featured in the second episode. [Listen here](#)

## Help Us Make History!

You make our smell loss research possible. [Please consider a contribution by June 30th](#) and we will gladly recognize your support in our annual report and website. Many

thanks!



**amazon**smile

**Support the Monell Center**  
When you use smile.amazon.com,  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

**Donate to  
Anosmia Research**

**Participate in  
Research**

